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Strive for Development and Humanity

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Family Self-Reliance Through Village Empowerment – Global Grant 2343143

Quarterly Report: Jul to Sep 2025 (Report number 7)



Location: 3 villages in Trapeang Chorn, Bakan District, Pursat Province, Cambodia.

Hosted by Rotary Club of Pursat (RCP)

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Implemented by Sustainable Cambodia (SC)

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Funded by DDFs:

- Rotary Foundation
- District-6970
- District-3350
- District-5360
- District-5420
- District-5580
- District-5810
- District-6440
- District-6930
- District-7255
- District-7430
- District-7620
- District-7680
- District-9640

Funded by Rotary clubs:

- RC of Ponte Vedra
- RC of Gainesville
- RC of Arlington Heights
- RC of Brainerd
- RC of Bribie Island
- RC of Calgary
- RC of Central Blue Mountains
- RC of Dallas
- RC of Esperance Bay
- RC of Greenport
- RC of Metro Bethesda
- RC of Port Orange-South Daytona
- RC of Prior Lake
- RC of Salt Lake City
- RC of Springwood
- RC of Summerland Sunrise



1. Project Overview

Building Health and Confidence in Villages

Our WASH and Community Economic Development programs empower villages to lead healthier, more sustainable lives. In partnership with Village Development Committees, we provide training, tools, and support so communities can take charge of their own progress.

Families now enjoy safe drinking water and improved hygiene through practical solutions like water filters, latrines, wells, ponds, and rooftop rainwater harvesting. Villagers learn to maintain these systems, reducing illness and freeing time for education and livelihoods.

Through the Days for Girls project, female students receive reusable menstrual kits and training in health and cultural awareness. This helps girls stay in school with confidence and dignity, every day of the month.



2. Project progress



Rooftop Rainwater Harvester (RRH):

A total of **26** rooftop rainwater harvesting (RRH) tanks, each with a capacity of **4,000** liters, were successfully installed in Bou Sragnea and Preah Chambak remote villages to help families overcome the challenges of the dry season. This project has directly supported **26** households, benefiting **144** people, including **70** women.

These tanks now serve as a reliable source of clean water, helping families meet their daily drinking, cooking, washing, and sanitation needs. By collecting rainwater during the rainy season, the tanks offer a long-term and eco-friendly solution to water shortages, especially in areas where rivers, ponds, and underground water are hard to reach or dry up during droughts

This initiative has greatly improved the quality of life for rural residents. Families no longer have to walk long distances to fetch water, and they are better prepared to handle dry spells. The availability of clean water has also reduced health risks and supported better hygiene practices.

To ensure proper use of the system, each family received personalized training. These one-on-one sessions covered how to install, maintain, and safely use the RRH tanks. Villagers learned how to keep the tanks clean, prevent contamination, and store water carefully for long-term use. This hands-on guidance helps families make the most of their water supply and keep the system working efficiently.

The water collected through RRH systems has very low turbidity, meaning it's almost free of particles. This makes it ideal for use with household water filters, reducing the chance of clogging and extending the life of the filters. As a result, families enjoy safer drinking water with less maintenance and cost.

By capturing and storing rainwater, these communities now have dependable access to clean water year-round. This not only improves health and hygiene but also strengthens their ability to thrive in tough environmental conditions



Cleaning



Washing



Cleaning

Deep Well Installation:

The installation of four community deep wells across two villages in Trapeang Chornng commune has brought meaningful improvements to the lives of **21** families, benefiting a total of **91** people, including **46** women.

Each well is fitted with an electric pump, making it easy for both nearby and distant households to access water efficiently. Families share the monthly electricity costs, ensuring the system remains affordable for everyone. For those who use smaller amounts of water, a hand pump is available as a practical alternative.

These wells provide a steady supply of clean water throughout the year, helping reduce the spread of waterborne illnesses and improving overall health. With fewer sick days and lower medical expenses, families can focus more on work, education, and daily life. Children are able to attend school regularly, leading to stronger academic performance and brighter futures.

Year-round access to water also boosts farming and livestock activities, strengthening food security in the community. Families can grow vegetables and maintain gardens in every season, improving nutrition and creating opportunities to earn income. By no longer relying on expensive water deliveries or fuel to collect water from faraway sources.

To ensure long-term success, training sessions were held for all well users. These sessions covered: How to conserve and share water responsibly, Ways to protect wells from pollution, Maintenance of pumps and well parts, Saving money together for future repairs

This training empowers families to manage their water systems effectively and keep them running for years to come



Drilling



installing



the concrete part



Doing the cloth washing



Kids taking bath

Shallow Well Installation:



The construction of two community shallow wells in Bakan and Bou Sragnea village, part of Trapeang Chornng commune, has brought meaningful change to 12 families benefiting 53 people, including 28 women. These wells now provide a steady supply of clean water, helping reduce waterborne illnesses and improving overall health. With fewer sick days and lower medical costs, families have more time and energy to focus on work, farming, and other income-generating activities. Children can attend school more regularly, leading to better learning and brighter futures

Having access to water throughout the year also supports home gardening and raising animals, which strengthens food security and improves nutrition. Families no longer need to spend money on trucked water or fuel to collect water from faraway sources during the dry season. With reliable water, they can grow vegetables and maintain gardens in every season.

To ensure the wells are used properly and remain in good condition, training sessions were provided to all users. These sessions covered:

- How to use and share water responsibly
- Ways to keep the wells clean and prevent



Monitoring and Evaluation

A monitoring and evaluation (M&E) visit was carried out to check the quality of four deep wells and 12 shallow wells built by the company. Participants included members of RC Pursat, SC project staff, a government specialist, representatives from the commune council, the Village Development Committee (VDC), and the WASH Committee in Trapieng Chornng commune. The review showed that four deep wells and 12 Shallow wells were in good shape and working properly.



Hygiene Handwashing and Safe Fecal Management Training

Before providing latrines, all families received a latrine. They took part in a training session that covered important topics like how to take care of latrines, how to use them correctly, proper handwashing methods, and how to manage human waste. These sessions helped villagers learn how to stay clean and use latrines safely. The WASH Committee played a key role in guiding the village away from open defecation and encouraging regular use of latrines and better handwashing practices.



3. Way Forward

- Install 30 Rooftop Rainwater Harvesting (RRH) tanks in target villages to expand safe water access.
- Construct 40 latrines to improve sanitation and hygiene for beneficiary households.
- Conduct 2 WASH in Schools trainings to strengthen hygiene practices among students and teachers.
- Deliver 6 latrine trainings for community members to ensure proper use, maintenance, and ending open defecation.
- Provide 9 water filter trainings to promote safe drinking water practices at the household level.
- Carry out Monitoring & Evaluation (M&E) activities to assess progress, document outcomes, and ensure accountability.

4. Financial Report

Financial Expenses between July–Sept 2025

Date	Memo	Amount
	Cash	USD
	GG2343143 Projects Grant Funds as of 30 June 2025	85,572.01
	Interest Income-Grant Accounts	97.68
	Total Grant Contributions as of 30 June 2025	85,669.69
	Expense	
	65000 · Administration	
	65060 · Bank service Charges, wire Fees	
07/01/2025	Bank charge withholding tax	1.05
07/02/2025	Exchange Rate Loss (1348)	0.04

07/22/2025	Monthly Acleda Bank maintenance fee	0.50
08/01/2025	Bank charge withholding tax	1.45
08/21/2025	Monthly Acleda Bank maintenance fee	0.50
09/01/2025	Bank charge withholding tax	1.41
09/10/2025	Exchange Rate Loss (1435)	0.02
09/10/2025	Exchange Rate Loss (1431)	0.01
09/26/2025	Monthly Acleda Bank maintenance fee	0.50
	Total 65060 · Bank service Charges, wire Fees	<u>5.48</u>
	Total 65000 · Administration	5.48
	70000 · Training	
	71200 · Well Training and follow up	
	(1443) Monitoring and evaluation of installation quality of 9 wells (4 deep wells, 5 shallow wells) in two villages, Trapeang Chorng commune. Transportation for Commune Chief = 7.49, Transportation for Village Chief (Buo Strange) = 4.99, Transportation for PDRD Officer = 14.98, Transportation for WASH Committee (Preah Chambak) = 4.99, Lunch for 8 staff & Rotary = 41.33, Coffee & water for 8 staff & Rotary = 13.98, Car	
09/11/2025	transport = 19.98	<u>107.74</u>
	Total 71200 · Well Training and follow up	107.74
	71210 · WASH Committee Training	
	(1431) Conducted three training sessions on transmission of human feces, handwashing, and latrine maintenance for 40 families (19 Preah Chambak, 10 Bakan, 11 Buo Strange). Snack for participants = 31.22, Soap for handwashing = 9.99, Towels (50) = 21.23, Lunch for 2 staff = 11.99,	
09/10/2025	Transportation for WASH Committee = 29.97	<u>104.40</u>
	Total 71210 · WASH Committee Training	<u>104.40</u>
	Total 70000 · Training	212.14
	72000 · Operations (GG#2343143)	
	72120 · Vaccination for animals	
	(1348) Refreshments and transportation for authorities and key stakeholders, including RC Pursat, Department of Agriculture, commune chief, and VDC, during vaccination campaign for 120 cows in Buo Strange and Preah Chambok villages. Transportation for Chief of District Veterinarian = 9.98, Transportation for Commune Chief = 7.49, Transportation and incentive for VDC (Buo Strange) = 7.49, Transportation for Department of Agriculture Representative = 9.98, Transportation and incentive for VDC (Preah Chambok) = 7.49, Lunch for staff and Rotary =	
07/02/2025	29.94, Coffee and water for staff and Rotary = 19.82	<u>92.19</u>
	Total 72120 · Vaccination for animals	92.19
	72130 · Rooftop Rainwater Harvesting ta	
	(1429) Transferred budget from GG2343143 to QB 10790 Wash Project to manufacture 20 RRH tanks for Preah Chambok (10 tanks) and Buo Srangae	
08/29/2025	(10 tanks) villages	5,700.00
	(1453) Transferred budget from GG2343143 to QB 10790 Wash Project to manufacture 10 RRH tanks for Bakan (5 tanks) and Buo Strange (5 tanks)	
09/16/2025	villages	<u>2,850.00</u>
	Total 72130 · Rooftop Rainwater Harvesting ta	8,550.00
	72190 · Deep well installation	
	(1452) First payment of 90% to well constructor for completion of 4 deep wells (1 in Preah Chambok, 3 in Bou Strange). Installation cost per well =	
09/18/2025	1,700 USD. Total = 1,700 × 4 × 90% = 6,120 USD	<u>6,120.00</u>

	Total 72190 · Deep well installation	6,120.00
	72200 · Shallow well installation	
07/04/2025	(1361) Paid 10% to constructor after 3 months of maintaining 9 shallow wells (6 in Preah Chambok, 3 in Bou Strange). 9 wells × \$23.738 = 213.64	213.64
08/20/2025	(1422) First installment payment of 90% to constructor for completing 7 shallow wells in Bakan Village. 7 wells = \$1,417.50, 7 platforms = \$175.00. Total = 1,592.50. Account: Choeurn Ruon (3458 05664910 16)	1,592.50
09/18/2025	(1451) First installment payment of 90% to constructor for completing 5 shallow wells in Buo Sranhae Village. 5 wells = \$1,011.99, 5 platforms = \$124.94. Total = 1,136.93. Account: Choeurn Ruon (3458 05664910 16)	1,136.93
	Total 72200 · Shallow well installation	<u>2,943.07</u>
	72205 · Water Testing	
08/29/2025	(1425) Conducted water testing to detect arsenic levels in wells in Preah Chambok and Buo Srangae villages. I coli water testing = 12.50, Rope = 4.50, Transportation (Pursat to Phnom Penh) = 5.00, Arsenic water testing = 35.99	<u>57.99</u>
	Total 72205 · Water Testing	57.99
	72220 · Incentive for VDC and WASH Comm	
09/18/2025	(1455) Paid incentives to WASH Committee for oversight of 4 deep wells and 12 shallow wells in Buo Srangae, Preah Chambok, and Bakan villages. Deep well – Buo Srangae = 35.98, Shallow well – Buo Srangae = 24.99, Deep well – Preah Chambok = 12.00, Shallow well – Bakan = 34.98	<u>107.95</u>
	Total 72220 · Incentive for VDC and WASH Comm	<u>107.95</u>
	Total 72000 · Operations (GG#2343143)	17,871.20
	73000 · Signage	
	73110 · Signboard,latri, wel,pond,filter	
08/08/2025	(1414) Print and install signboards for seven shallow wells in Bakan village (Well signboard 7=\$20.98, well anchors and screws=\$1.25) Total=\$22.23	22.23
09/10/2025	(1435) Printed and installed signboards for 9 wells (5 shallow, 4 deep) in Bakan village. Well signboards (37x25) × 5 = 14.97, Well signboards (40x60) × 4 = 31.94, RRH signboard × 1 = 16.97, Anchors and screws = 1.25	<u>65.13</u>
	Total 73110 · Signboard,latri, wel,pond,filter	<u>87.36</u>
	Total 73000 · Signage	87.36
	74000 · Personnel	
	74110 · Grant project manager	
07/25/2025	(1401) Monthly salary for Grant Project Manager – July 2025, transferred to SC's main account	530.00
08/29/2025	(1428) Transfer the monthly salary for the grant project manager's cost for August 2025 to SC's main account.	530.00
09/30/2025	(1462) Transfer the monthly salary for the grant project manager's cost for September 2025 to SC's main account.	<u>530.00</u>
	Total 74110 · Grant project manager	<u>1,590.00</u>
	Total 74000 · Personnel	<u>1,590.00</u>
	Total Expense	19,766.18
	Fund Reconciliation	
	30 September 2025 Opening Bank Balance	85,669.69
	Grant Funds Received	

Grant Expenses

30 September 2025 Closing Balance - Calculated	65,903.51
30 September 2025 Closing Balance - Actual	65,903.51
Discrepancy Explanation	0.00



Rotary Club of Pursat and Sustainable Cambodia working to help the residents of Cambodian villages create a sustainable quality of life. We do not simply give aid to the villagers. Instead, we help them build wells, irrigation systems, and schools, and train them in agriculture and vocations, empowering and enabling them to create positive and measurable change in their villages. Sustainable Cambodia is registered in Cambodia as an NGO and in the USA as a 501(c)(3) tax-exempt charitable organization. Please visit our website at www.SustainableCambodia.org. and www.rotarypursat.com